# Hazardous Manual Handling Identification Sheet

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| Work Area: |  | Date: |  |
| Management Representative: |  | Employee Representative: |  |

Complete the below table to identify whether the task involves hazardous manual handling

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| **Work** | **Repetitive or sustained application of force** | **Sustained awkward posture** | **Repetitive movement** | **Application of high force** | **Exposure to sustained vibration** | **Handling of live people or animals** | **Unstable or unbalanced loads or loads that are difficult to grasp or hold** | **For known risks are suitable control measures available now?** | **If yes, provide details** |
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| **Work** | **Repetitive or sustained application of force** | **Sustained awkward posture** | **Repetitive movement** | **Application of high force** | **Exposure to sustained vibration** | **Handling of live people or animals** | **Unstable or unbalanced loads or loads that are difficult to grasp or hold** | **For known risks are suitable control measures available now?** | **If yes, provide details** |
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If you ticked any of the boxes, the work involves hazardous manual handling. You should do a risk assessment for any hazardous manual handling, unless you are already aware of the MSD risk(s) and known risk control measures available and suitable for your workplace. If there is a suitable risk control measure available now, it can be implemented straight away.